

# Sunflower Spa

## Health History Form Practice Guidelines and Boundaries

Please initial  
each line.

### Time

- Client will show up on time
- Client will give 24- Hour cancellation notice or otherwise the client will be billed for the session on the second no-show occurrence.
- A session can be lengthened based on the therapist's schedule.
- **If a client shows up late for an appointment, the client will be billed for a full session and treated for the remaining time of the session.**
- A one- hour session lasts 60 minutes.
- If an emergency occurs for either the client or the therapist, the session may be rescheduled based on the mutual agreement.

### Confidentiality

- The therapist does not share information about the session with others.
- If the client would like the therapist to send a note to a physician's office or an insurance company, the client must make the request in writing.

### Treatment

- The client must have proper hygiene (no open sores, dirty skin, etc.)
- The client determines which pieces of clothing to remove.
- The client disrobes/robes when the therapist is not present in the room.
- The therapist discusses what is most helpful for the specific treatment; however, the client makes the final decision.
- The client determines which areas not to treat; likewise the therapist determines which areas not to treat.
- The client will remain covered at all times and only the area that is being worked on will be uncovered.
- The client selects the type of scented oils/creams to use and/or the type of music to be played.
- The client needs to communicate the pain level to the therapist during the massage.
- Treatment is provided in a specific designated space that is used solely for massage and where the client's privacy is assured.
- Any person under the age of 18 years old must be accompanied by an adult during the treatment.
- If the client would like another person to observe the session, which may occur provided the person adheres to the established boundaries.
- **Absolutely NO Sexual intonation/behavior is tolerated.**

### Payment

- Payment is due at the time when service is rendered:
- Cash, checks, Visa /MasterCard/Discover/AMEX are acceptable.
- Fee Structure is as agreed upon
- Gratuity/Tip is greatly appreciated.
- Gift certificates are available. Gift certificates expire one year from the date issued. Gift Certificates are non-refundable (you cannot return a gift certificate for cash).

### Agreement

We, (client's name and massage therapist name) agree to adhere to the specified boundaries. If for some reason the client cannot adhere to the boundaries, the therapist will discuss a course of action that may result in the right to refuse treatment of the client.

Client's Signature \_\_\_\_\_ Date \_\_\_\_\_  
Massage Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_

### Client Information Form

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

