

Sunflower Spa

Health History Form Practice Guidelines and Boundaries

Please initial
each line.

Time

- Client will show up on time
- Client will give 24- Hour cancellation notice or otherwise the client will be billed for the session on the second no-show occurrence.
- A session can be lengthened based on the therapist's schedule.
- **If a client shows up late for an appointment, the client will be billed for a full session and treated for the remaining time of the session.**
- A one- hour session lasts 60 minutes.
- If an emergency occurs for either the client or the therapist, the session may be rescheduled based on the mutual agreement.

Confidentiality

- The therapist does not share information about the session with others.
- If the client would like the therapist to send a note to a physician's office or an insurance company, the client must make the request in writing.

Treatment

- The client must have proper hygiene (no open sores, dirty skin, etc.)
- The client determines which pieces of clothing to remove.
- The client disrobes/robes when the therapist is not present in the room.
- The therapist discusses what is most helpful for the specific treatment; however, the client makes the final decision.
- The client determines which areas not to treat; likewise the therapist determines which areas not to treat.
- The client will remain covered at all times and only the area that is being worked on will be uncovered.
- The client selects the type of scented oils/creams to use and/or the type of music to be played.
- The client needs to communicate the pain level to the therapist during the massage.
- Treatment is provided in a specific designated space that is used solely for massage and where the client's privacy is assured.
- Any person under the age of 18 years old must be accompanied by an adult during the treatment.
- If the client would like another person to observe the session, which may occur provided the person adheres to the established boundaries.
- **Absolutely NO Sexual intonation/behavior is tolerated.**
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Payment

- Payment is due at the time when service is rendered:
- Cash, checks, Visa /MasterCard/Discover/AMEX are acceptable.
- Fee Structure is as agreed upon
- Gratuity/Tip is greatly appreciated.
- Gift certificates are available. Gift certificates expire one year from the date issued. Gift Certificates are non-refundable (you cannot return a gift certificate for cash).

Agreement

We, (client's name and massage therapist name) agree to adhere to the specified boundaries. If for some reason the client cannot adhere to the boundaries, the therapist will discuss a course of action that may result in the right to refuse treatment of the client.

Client's Signature _____ Date _____

Massage Therapist Signature _____ Date _____

